

EL XUC

(El Salvador)

El Xuc (el sook) is a more modern folk dance from El Salvador. It tells the story of a group of dancers making a ring around a man dressed as a bull. Many firecrackers are attached to the bull skin. The dancers form a fence to keep the spectators away from the firecrackers as they go off. The dancers often hit the bull with sticks as he dances in the middle.

Source: Learned by Nidia Amaya while dancing in Central America.

Music: "Xuc" Kismet LP-4 by Paquito Palaviccine. The dance is described in 2/4 meter.

Formation: Cpls form a double circle, W on the inside, facing LOD. Throughout the dance the W have skirts extended while M have arms behind their backs.

Steps: Rocking Step.
Rock fwd on R ft while L toe touches the floor just behind R ft (ct 1); rock bkwd on L ft while R toe touches floor (ct 2).

Heel Step
Leap onto L ft bending L knee slightly placing R heel fwd touching floor (ct 1); step on R ft beside L ft (ct 2); step on L ft in place (ct &). Repeat, alternating ftwork.

Kicking Step
Hop on L ft kicking R ft across body with slight twist to L (ct 1); jump both ft together facing fwd (ct &); hop on L ft kicking R ft diagonally to R (ct 2); jump both ft together (ct &).

Crossing Step
Leap to L on R ft crossing in front of L (ct 1); step L on L ft (ct 2); step R in place (ct &). Repeat using opp ftwork.

Hopping Step
Hop on L ft moving to the R (ct 1); touch R toe beside L ft (ct &). Do this 8 times, then repeat using opp ftwork. The step ends by hopping on ct 8, step on ct &.

EL XUC (continued)

Meas	Pattern
1-4	Introduction
5-16	<u>Rocking Step</u> slowly moving fwd.
1-16	<u>Heel Step</u> with ptrs turning to face each other on the first meas.
1-8	<u>Kicking Step</u> with ptrs facing.
9-16	<u>Kicking Step</u> only starting with R ft, kicking L across body. (Note: On last ct 2 (meas 16), instead of jumping with both ft together, the L ft displaces the R ft to the side in order to begin Crossing Step.)
1-16	<u>Crossing Step</u> with ptrs facing.
1-4	<u>Hopping Step</u> with ptrs facing -- both move R.
5-8	Repeat Hopping Step, both move L.
9-16	Repeat Hopping Step -- again.

Repeat the dance two more times -- eliminate introduction.

Variation in Rocking Step (done the third time through dance only).

1-2	Do basic Rocking Step.
3-4	Using same ftwork turn to the R one full turn.
5-12	Repeat meas 1-4 above twice.
13-16	Basic Rocking Step.

Variation in Hopping Step (done the third time only to finish the dance).

1-8	Do basic Hopping Step.
1-4	The M turns 1/4 CW and do the Hopping Step to come up beside ptr -- still hopping on R ft. W turns 1/4 CCW and does Hopping Step on the L ft to come up beside ptr.

Presented by Nidia Amaya